

# The Grande Innovation Academy

## Local Wellness Policy

Last Updated: September 1, 2021

### I. Wellness Policy Goals

*Goal for Nutrition Promotion: GIA's goal is to promote healthy eating habits. Choosing fresh fruits and vegetables and drinking milk every day will be included in the promotion.*

*Goal for Nutrition Education: GIA's goal for nutrition education is that a minimum of two times a month the scholars receive health class with their PE teacher. Included in the lessons are nutrition information and making good food choices.*

*Goal for Physical Activity: GIA's goal is that every scholar received a 30-minute period of PE every day. The K-3<sup>rd</sup> graders also have an additional 15 minutes of recess. All Scholars K-8<sup>th</sup> grade receive 15 minutes of recess at lunch time.*

*Goal for Other School-Based Activities that Promote Student Wellness: GIA's goal is that twice a month kitchen/garden classes are held for all scholars.*

### II. Nutrition Standards

#### **School Meals**

The school meal programs aim to improve the diet and health of school children, help mitigate childhood obesity, model healthy eating to support the development of lifelong healthy eating patterns and support healthy choices while accommodating cultural food preferences and special dietary needs.

- a. *All schools in the district will participate in the National School Lunch Program.*
- b. *All meals will, at a minimum, meet the New Meal Pattern requirements.*
- c. *Free, potable water will be available to all students during meal periods.*

#### **Competitive Foods and Beverages**

- d. *Nutrition standards for competitive foods and beverages must, at a minimum, meet the USDA's Smart Snacks in Schools guidelines. These guidelines apply to all foods sold in the following locations: NA*
- e. *List any additional criteria the district has established for competitive foods here: NA*

#### **Celebrations and Rewards**

Arizona Law (ARS 15-242) states that all food and beverages served to students in grades K-8 must meet the USDA's Smart Snacks in Schools guidelines.

- f. *Describe your standards for all foods and beverages provided, but not sold, to students during the school day:*

*During evening family events and birthday celebrated once a month healthy snacks will be provided.*

*g. These guidelines apply to (check all that apply):*

- School-sponsored events
- Celebrations and parties
- Classroom snacks provided by parents
- Classroom rewards and Incentives

### **Fundraising**

*h. Describe your policy on food and beverage related fundraisers sold to students on school campus during the school day, including the frequency and duration of exempt fundraisers as appropriate:  
NA*

### **Food and Beverage Marketing in Schools**

Food and beverage marketing is defined as advertising and other promotions in schools. Food and beverage marketing often includes an oral, written, or graphic statements made for the purpose of promoting the sale of a food or beverage product made by the producer, manufacturer, seller or any other entity with a commercial interest in the product. All products marketed on the school campus must, at a minimum, meet the Smart Snacks guidelines.

- i. Describe your policies for food and beverage marketing: GIA will not market other foods that don't meet the Smart Snack guidelines.*
- j. Describe any additional policies for foods and beverages marketed to students: GIA will not market other foods that don't meet the Smart Snack guidelines.*

## **III. School Wellness Committee**

### **Committee Role and Membership**

The District will convene a representative district wellness committee that meets to establish goals for and oversee school health and safety policies and programs, including development, implementation and periodic review and update of this district-level wellness policy.

- a. Describe frequency of meetings: Twice a year*
- b. Description of who the LEA permits to participate in the wellness policy process. (e.g. parents, students, and representatives of the school food authority, teachers of physical education, school health professionals, the school board, and school administrators):  
School administrators, school staff, parents*
- c. Description of how the public is notified that their participation is permitted: Monthly Parent Council Meetings*

## **Leadership**

The district has designated one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the local wellness policy.

- d. *The designated official for oversight of implementation at each school is: Patricia Messer*
- e. *The designated official for convening the wellness committee is: Patricia Messer*
- f. *The person designated for informing the public about the wellness policy is: Patricia Messer*

## **IV. Wellness Policy Implementation, Monitoring, Accountability and Community Engagement**

### ***Implementation of the Wellness Policy***

- a. Describe the District's plan for implementation to manage and coordinate the execution of this wellness policy.  
The Grande innovation Academy will post this wellness policy in their student handbook, on the website, and in the kitchen.

### ***Triennial Progress Assessments***

At least once every three years, the LEA must conduct an assessment of their wellness policy. To accomplish this, the District will evaluate compliance with their wellness policy and assess progress toward meeting the goals of the District Wellness policy. Additionally, USDA requires that the District will compare their policy to the Alliance for a Healthier Generation's model wellness policy.

- b. The District will assess compliance and progress of their local wellness policy at least once every 3 years.
  - i. Provide a description of how the District will assess the progress made in attaining the goals of the District's wellness policy:  
The wellness policy will be evaluated once every three years using surveys distributed to parents, staff and students.
  - ii. Provide a description of how the District will assess each school's compliance with sections I-IV of this wellness policy.  
The surveys will provide information on compliance of the wellness policy.
- c. The District will assess how their wellness policy compares to model wellness policies.
  - i. Provide a description of how the District will compare their policy with the model policies.  
The Grande Innovation Academy will compare their wellness policy with an exemplar policy found on ADE's website.

### ***Revisions and Updating the Policy***

The District will update or modify the wellness policy as appropriate.

- d. Describe how often the LEA will update or modify the wellness policy: Annually

***Notification of Wellness Policy, Policy Updates and Triennial Assessment***

The District will inform families and the public each year of any updates to the wellness policy and every three years their compliance with the written wellness policy.

- e. Describe how the LEA will make the district wellness policy available to the public:  
The wellness policy will be available in the student handbook, on the website, and in the kitchen.
- f. The annual progress reports and updates can be found at:  
School nurse's office
- g. The District will make the Triennial Assessment available at:  
School nurse's office